

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPECIAL NEEDS</b> By appointment only 1:1 RATIO \$40 per class		30 minutes 7:30-8:00PM 8:00-8:30PM		30 minutes 10-10:30AM 10:30-11:00AM	30 minutes 7:30-8:00PM 8:00-8:30 PM	
<b>BEGINNERS</b> Please see individual times for ages 8:1 RATIO \$83	This 55 minute class explores the basics of rhythm in gymnastics in addition to the basics on the beam, floor, vault, and bars. <b>One (1) class per week / Four (4) sessions a month.</b>	Beginner 4:30-5:25 PM <b>4 years &amp; up</b> <b>Prime by invite ONLY</b> 5:30-6:25 PM <b>5 years &amp; up</b>	5:45-6:40 PM <b>4 years &amp; up</b> 6:45-7:40 PM <b>7 years &amp; up</b>	6:00-6:55 PM <b>8 years &amp; up</b> <b>girls class</b> 7:00-7:55 PM <b>5 years &amp; up</b>	4:30-5:25 PM <b>3 years &amp; up</b> 5:30-6:25 PM <b>6 years &amp; up</b> <b>GROUPON ONLY</b> 6:30-7:25 PM <b>5 years &amp; up</b>	4:30-5:25 PM <b>5 years &amp; up</b> 5:30-6:25 PM <b>5 years &amp; up</b>
<b>INTERMEDIATE</b> Please see individual times for ages 8:1 RATIO \$88	This 70 minute class builds off of skills learned in Beginners. The class will improve strength and flexibility while continuing to develop skills on the beam, floor, vault, and bars. <b>One (1) class per week / Four (4) sessions a month</b>	6:30-7:40 PM <b>5 years &amp; up</b>	4:30-5:40 PM <b>5 years &amp; up</b>	5:45-6:55 PM <b>6 years &amp; up</b> <b>Boys Club</b>		
<b>SHINING STARS</b> Ages 4 and up 8:1 RATIO Recreational Gymnastics \$103	These 85 minute classes are designed for those students that have a natural amplitude for gymnastics. These classes focus on strength and flexibility, while using drills designed to increase motor skills and spatial/body awareness. <b>One (1) class per week / Four (4) sessions a month.</b>			4:30-5:55 PM <b>7 years &amp; up</b> <b>girls class</b>		6:30-7:55 PM <b>6 years &amp; Up</b>
<b>TUMBLING</b> 7 years & up Co-ed Walk-In Cash only \$20/Session	This 85 minute class is the foundation toward competitive gymnastics. Great class for those who want to strengthen their Tumbling skills. <b>One (1) class per week / four (4) sessions a month.</b>	6:00-7:30 PM <b>6 years &amp; up</b>				
<b>BOYS CLUB</b> 6 years & up Co-ed \$83	This 55 minute class focuses on strength and skills necessary for improving gymnastics ability and functional fitness. <b>One (1) class per week / Four (4) sessions a month.</b>		5:45-6:40 PM <b>4 years &amp; up</b> 6:45-7:40 PM <b>6 years &amp; up</b>	<b>Prime</b> by Invite Only 7:00--7:55 PM <b>5 years &amp; Up</b>	7:00-7:55 PM <b>5 years &amp; up</b>	
<b>ADULT CLASS</b> 18 years & up membership \$103 for 1 class/wk \$163 for 2 classes/wk	This 55 minute class focuses on functional gymnastics stretching and conditioning, basic skills, and tumbling. <b>One (1) class per week / Four (4) sessions a month.</b>	<b>8:30-9:30 PM</b>			<b>8:00-9:00 PM</b>	